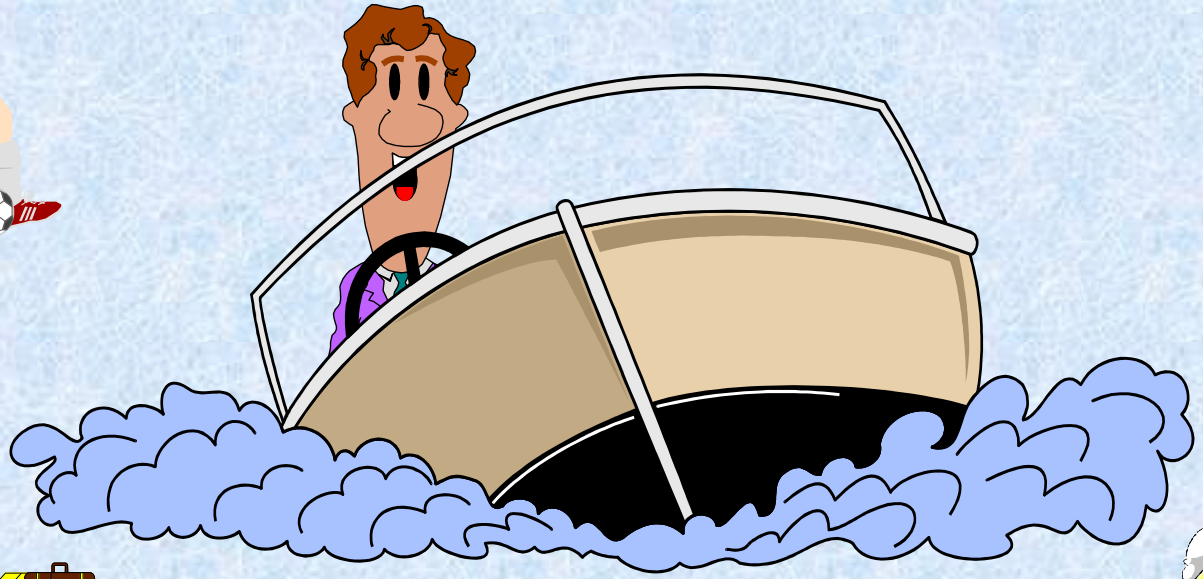
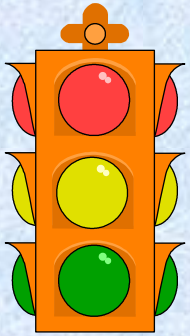
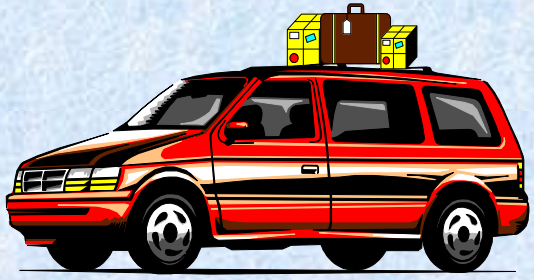
Critical Days of Summer - 199





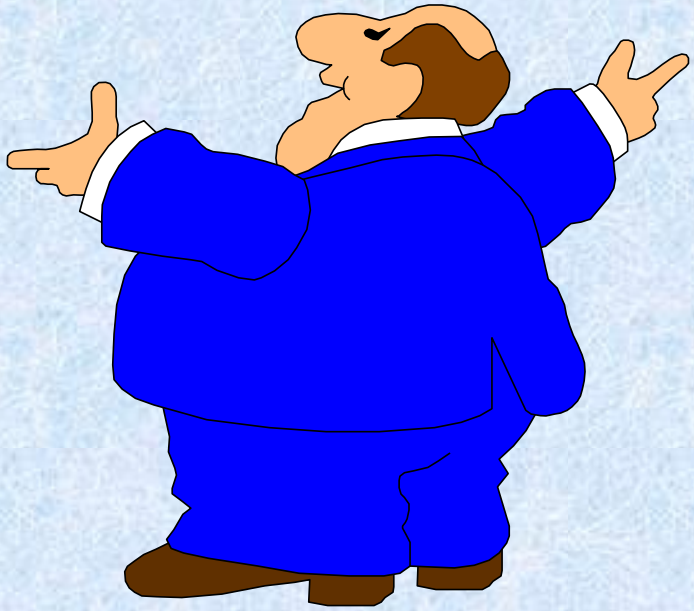


319 Wing Safety

ORM IN ACTION

Overview

- Introduction
- Traffic Safety
- Recreation Safety
- Home Safety
- On-duty Safety



Introduction

- Memorial Day to Labor Day
- No one is immune from mishaps
  - more and wider variety of activity
  - increased risk
- 1996 GFAFB had 8 reportable mishaps
- 1997 GFAFB had only 3 reportable mishaps
- 1998 GFAFB had 6 reportable mishaps
- 1999 GFAFB has 5 reportable mishaps as of 15 May 99

Introduction

- *FY99 Lead-in to 101 Critical Days*

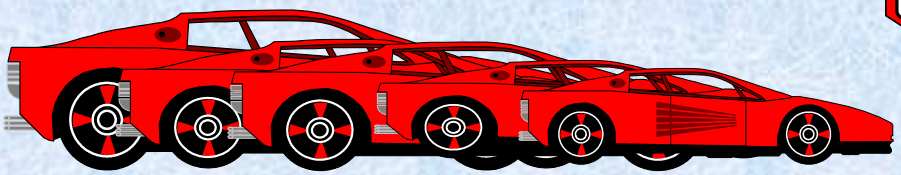
- *High interest areas*
  - *PMV's, speed and seat belts*
  - *Alcohol use*
  - *Water recreation*
  - *Jogging and bicycling*

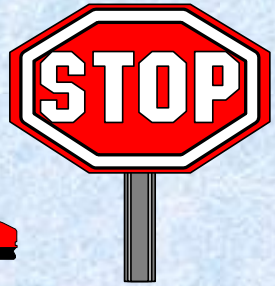
Traffic Safety

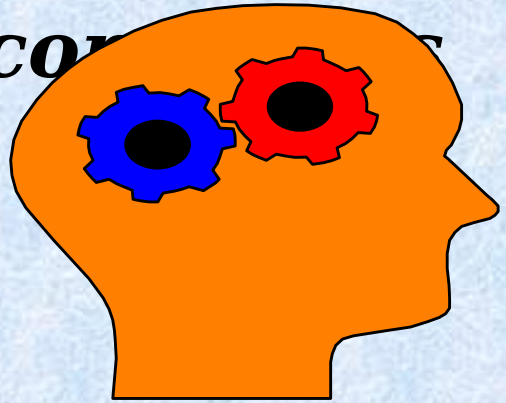
- Travel
- Fatigue and You
- Alcohol Kills - Don't drink and drive

Travel

- ***Plan ahead--prepare vehicle***
- ***Buckle up every time - Seats are mandatory***
- ***Children in backseats - Airbags can kill***
- ***Speed commensurate with co***







More Travel

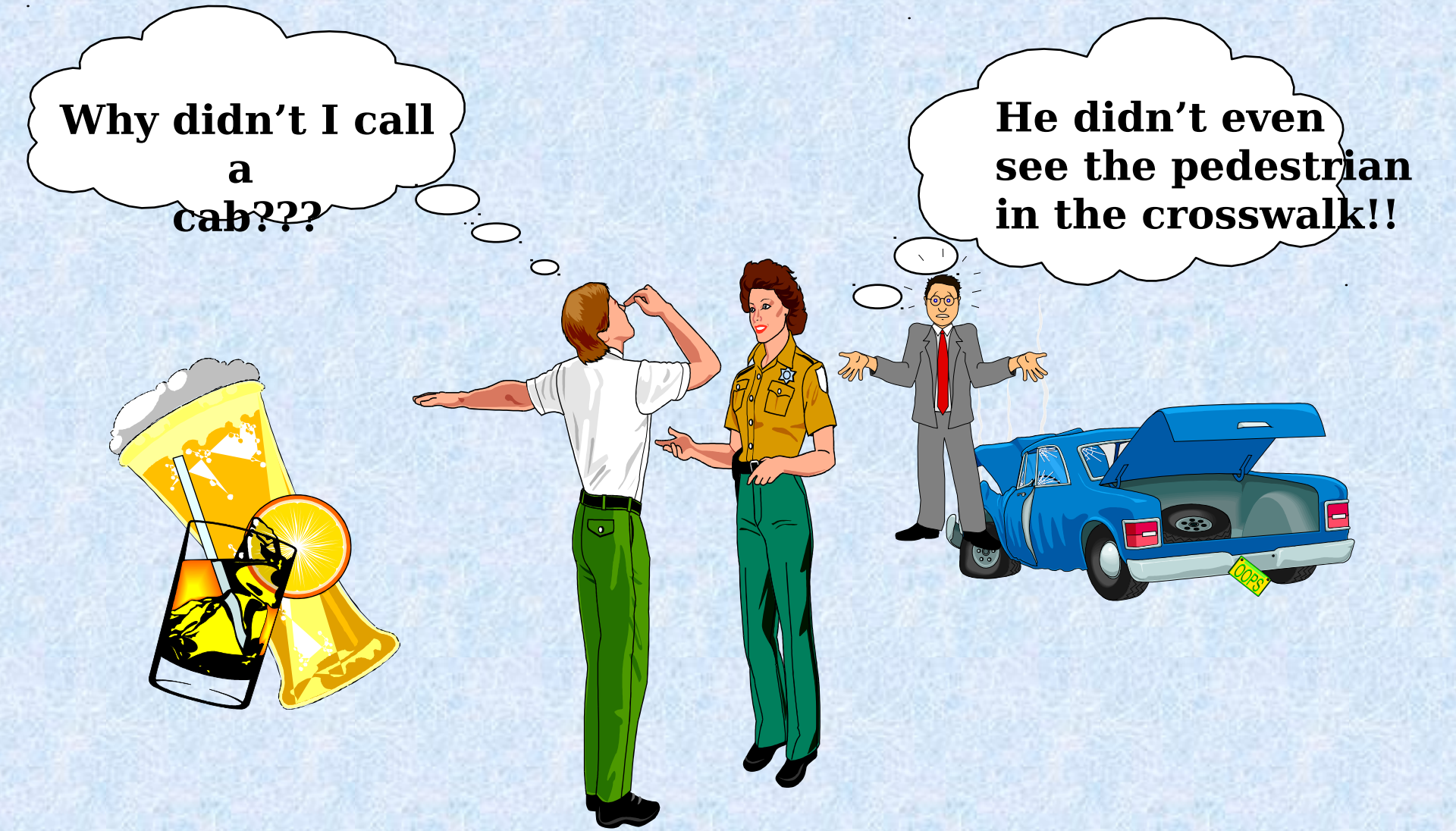
- ***Trip Planning:***
  - ***Have travel routes planned out.***
  - ***Take scheduled rest breaks-power na***
  - ***Have emergency plans - Know who to case of emergency.***

Fatigue and You

- Fresh air and frequent stops
- Avoid heavy food and alcohol
- Rest periodically
- Sleep in a hotel, not your car

Get the sleep your body demands

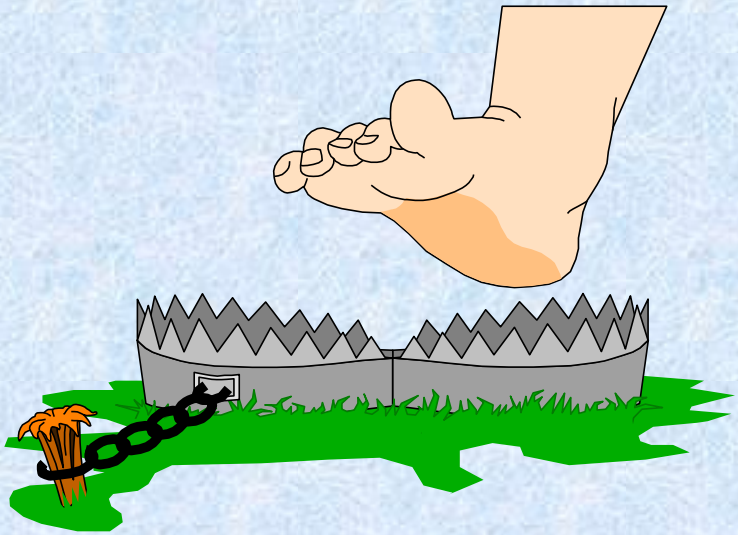
Alcohol Kills



Alcohol Kills

- *Alcohol is a depressant*
- *Lessens inhibitions*
- *Only way to sober up is time*
- *What to do?*
  - *limit consumption*
  - *designated driver*

DON'T DRINK!



Recreation Safety

- Water Sports
- Jogging
- Bicycling
- Camping

Swimming

- Swim only in designated swimming areas
- Swim with a buddy!! - Never swim alone
- Know your swimming ability
- Check water before diving
- Hypothermia - cold water draws body heat

Boating

- Know the rules
- Use personal floatation devices (PFD)

- Don’t overload -follow manufacturers manual
- Check weather
- Get off lake during threats of high wi or lightning

Personal water crafts (PWCs)

- ***Take water safety course before getting on***
- ***Water-skiing - Wear PF***
- ***Jet Ski - Mind your sp***
- ***Know your environmen***

Jogging

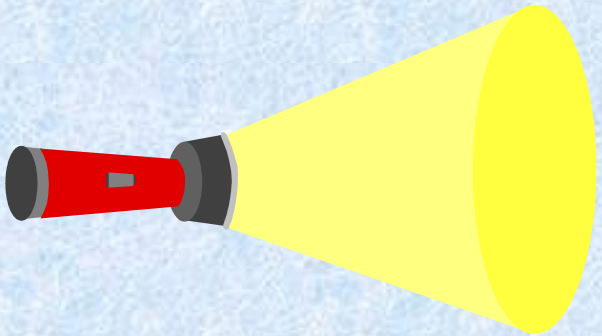
- ***Warm-up***
- ***Be visible day and night***
  - ***light colored clothes***
  - ***reflective belt/vest***
- ***Use sidewalk/path or jog facing traffic***
- ***Headphones are not authorized on base***

Bicycling

- Obey traffic signs
- Use hand signals
- Ride single file
- Ride on right side of road
- Be visible day and night
  - light colored clothes
  - reflective belt/vest
  - always wear helmet, not carry it

Camping

- Let someone know your whereabouts
- Camp in approved areas
- Check equipment



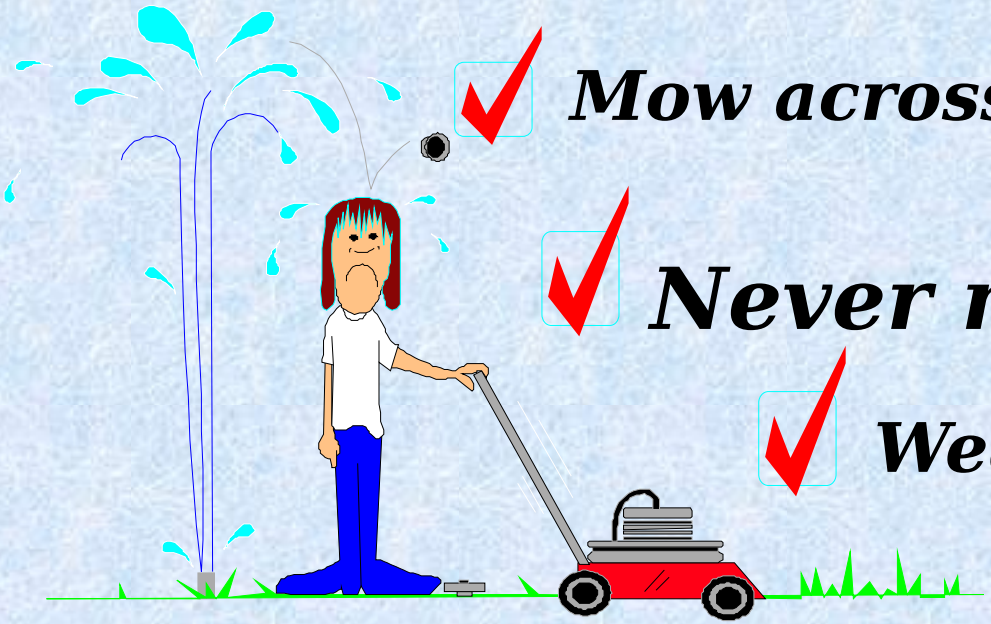
- Use caution when starting fires!

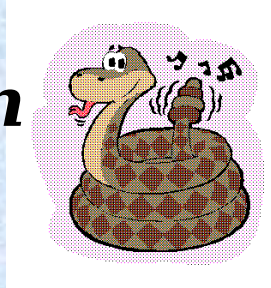
Home Safety

- Lawn Care
- Home Maintenance
- Cooking Outdoors
- Fireworks

Lawn care

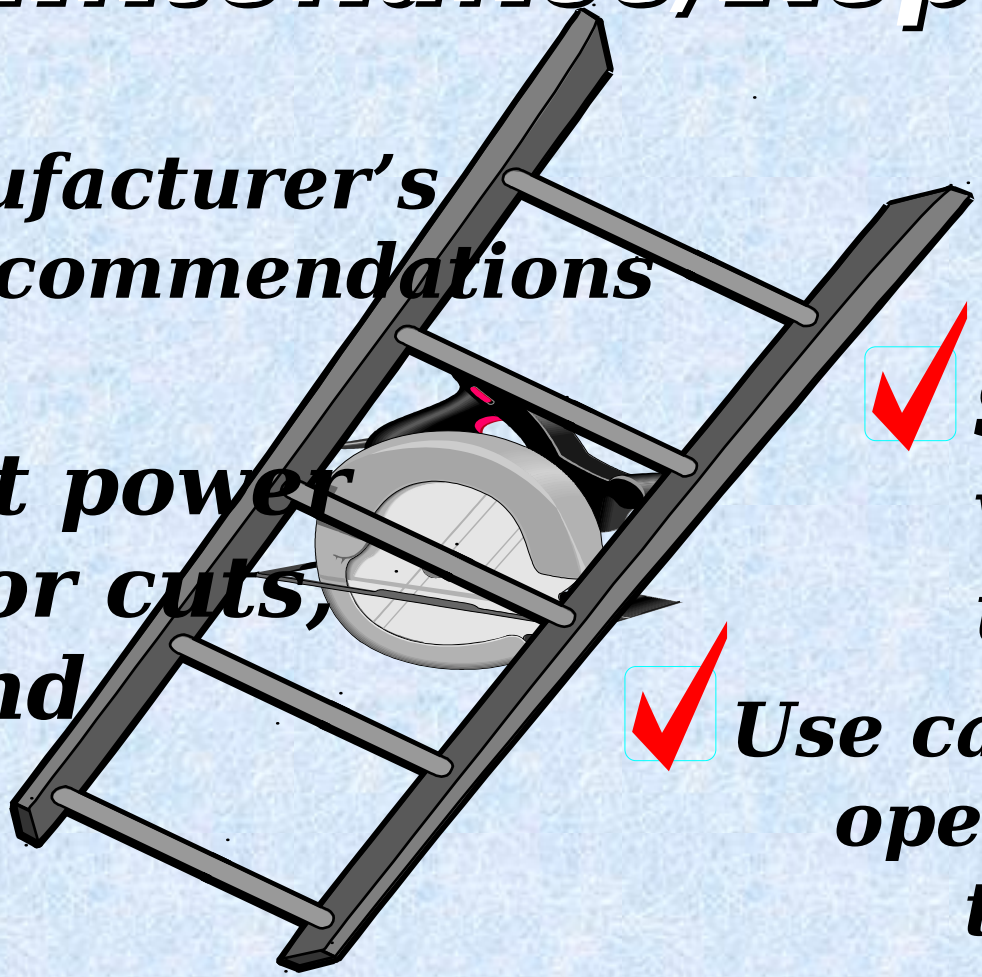
- Inspect yard for toys and obstacles before mowing
- Complete proper maintenance on mower
- Wear sturdy shoes not sandals
- Mow across not down hills/angles
- Never mow wet grass
- Wear eye protection





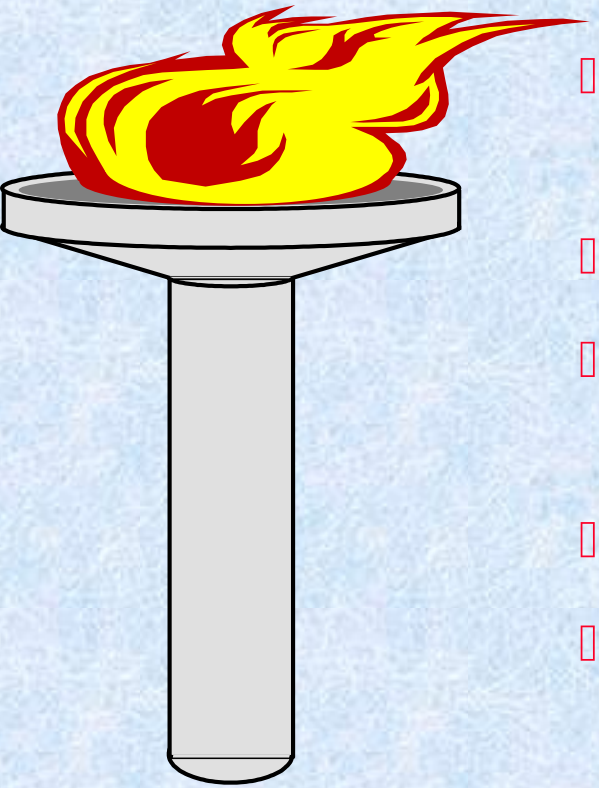
Home Maintenance/Repair

- Follow the manufacturer's safety recommendations
- Inspect power cords for cuts, frays and broken plugs



- Secure to when not use
- Use caution whe operating elec tools and o equipm

Cooking outdoors



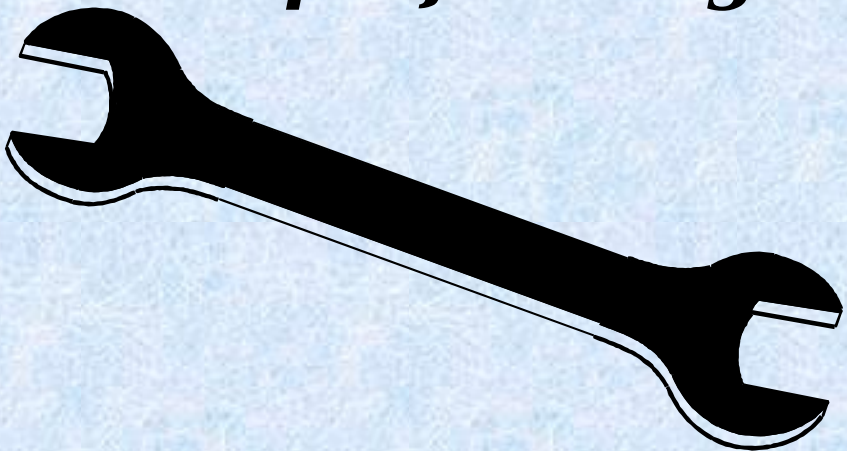
- Use charcoal/lighter fluid, not gasoline
- Keep grills away from house and overhangs
- Never leave grill unattended
- Never put lighter fluid on lit coals
- Let coals cool before disposal
- Have fire extinguisher ready

Fireworks

- Watch the professi
- Fireworks are not toys
- Always supervise
- Be alert for fire - never light near house
- Fireworks are not authorized on base - that includes

On-Duty Safety

- ***Take your time. Deviating from established procedures can be dangerous!!***
  - ***Use your T.O.s***
  - ***Follow the checklists***
  - ***Maintain focus on the task you are performing.***

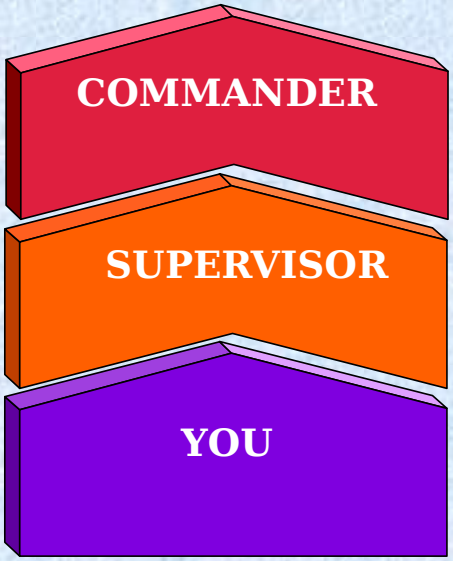


A Thought

Every man is a fool for at least five minutes a day; wisdom consists of not exceeding the limit.

Manage risk on and off duty!

Use Risk Management



1. ***Do not accept unnecessary risk***
2. ***Make risk decisions at the appropriate level***
3. ***Accept risk when benefits outweigh costs***

Conclusion

This summer, be careful, be risk wise and most of all, be back after the 101 Critical Days of Summer!

From your
Wing Safety Staff.

The End

A wise man knows the difference between acting safe and being safe.